

WAIVER / INDEMNIFICATION AGREEMENT

I acknowledge there are certain risks of physical injury to me and I agree to assume the full risk of injury, damages or loss I or my child/ward may sustain as a result of participating in the activities explained in this brochure. I waive and relinquish any and all claims that I, my insurer or my child/ward may have against any person, associated with the Jam the Dam Reservoir Relay Race or its sponsors and their officers, agents, servants and employees for claims for injuries, damages or loss which I or my child/ward may have or which accrue to me or my child/ward on account of participating in the above activities. I agree further to indemnify any person associated with the above mentioned activities for any damages incurred as a result of any action brought for any injuries, damages or loss attributed to me, myself or my child/ward. Must be 16 years of age or older to participate.

**Canoeist #1** (print) \_\_\_\_\_

(sign) \_\_\_\_\_

**Canoeist #2** (print) \_\_\_\_\_

(sign) \_\_\_\_\_

**Pack Runner** (print) \_\_\_\_\_

(sign) \_\_\_\_\_

**Distance Runner** (print) \_\_\_\_\_

(sign) \_\_\_\_\_

**Bike Rider** (print) \_\_\_\_\_

(sign) \_\_\_\_\_

*1st Annual*  
**JAM THE DAM**

**R**eservoir  
relay  
ace



**Jamestown Reservoir**  
**August 16th**  
**2:00pm**

# RELAY ROUTE

- 1. The race begins at the public beach area at the Jamestown Reservoir. The first participant runs to the Marina and hands the baton off to the mountain biker.**
- 2. The biker travels south on the bike path, turning right at the bridge and goes to the top of the island, biking around the island, and back to the bridge. The biker hands the baton off to the distance runner.**
- 3. The distance runner travels from the bridge, and goes south on the bike path to the designated "turn-around" point. The distance runner travels back to the beach area SE of the island and hands the baton to the canoe duo.**
- 4. The canoe duo paddles NW and then around the island, turning east toward the finish, at the reservoir beach area.**

# HOW TO ENTER

- \*Complete the entry form
- \*Pay the entry fee prior to race
- \*Sign the participant waiver

## Rules:

1. Any act of sabotage must be reported to officials. Teams found responsible will be disqualified and prevented from entering future races.
2. A designated path is predetermined for each segment of the race; this must be followed. If the path is not followed, the team will be disqualified. The only exception to this rule is if a race official directs the competitor to an alternate route for safety, or change of route purposes.
3. Assistance can only be rendered to a team in danger. Any assistance may not interfere or hinder other competitors while attempting aid.
4. A signal will be given as the first team crosses at the finish line. Those teams must move out of the way of teams finishing behind them to allow for completion of the race by other teams.
5. All teams must return batons to race officials following the race.

## Requirements

1. One mountain bike. Must wear suitable footwear. NO sandals or bare feet. Helmet recommended but not required.
2. One canoe capable of carrying two people; each must wear a personal flotation device.
3. No paddle restriction.
4. Must be at least 16 years or older
5. One 30 pound pack, to be worn around the waist, will be provided prior to the race. Pack must be returned following the race.

# WHEN & WHERE

Location: *Jamestown Reservoir*

Date: *Saturday, August 16th*

Start Time: *2:00pm*

Entry Fee: *\$50.00 per team*

*\$25.00 individual*

Payout: *50/50 & sponsor prizes by:*



More Info:

*Paul Murphy, Race Coordinator*

*701-652-1200*

*or*

*Jamestown Chamber of Commerce*

*701-252-4830*

*tara@jamestownchamber.com*